

# Butterfly Art Project

## ANNUAL REPORT

### 2015-2016





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# LETTER FROM THE PROJECT DIRECTOR



## Dear Friends and Supporters,

One of the most fascinating and awe-inspiring phenomena of nature - the butterfly and its unique metamorphosis - has been particularly present for me this past year - in a new and unique way. It has been my companion throughout the past 8 years and offered much wisdom and insights throughout - this year I finally sat down to illustrate the metamorphosis with an ink pen. My aim was to use my artistic expression to enhance the monitoring tool I developed for art therapy with traumatized children.

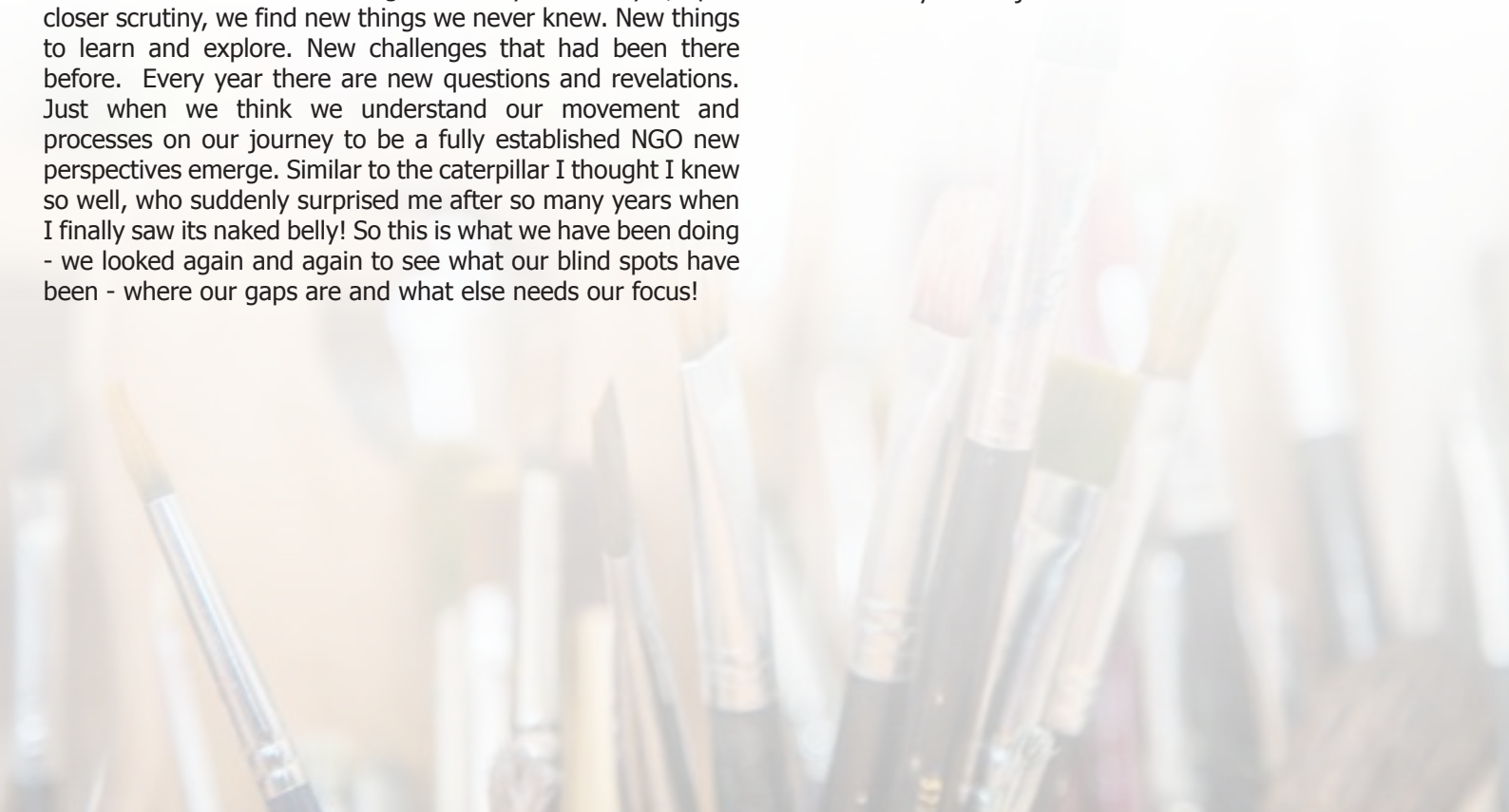
The egg, the little caterpillar and the big fat one, the chrysalis and the butterfly all needed to be drawn. Only during this artistic process I discovered that the various caterpillars in my garden look very different to what I had imagined: Only in the front of their bodies do they have legs; in the back, however, they have knobs that look more like suckers than legs - in the middle they are naked. No legs at all.

For me this late discovery became a beautiful metaphor for the growing and ever evolving Butterfly Art Project. We think we know and have become professional and far reaching with so much that we have been doing over the years and yet, upon closer scrutiny, we find new things we never knew. New things to learn and explore. New challenges that had been there before. Every year there are new questions and revelations. Just when we think we understand our movement and processes on our journey to be a fully established NGO new perspectives emerge. Similar to the caterpillar I thought I knew so well, who suddenly surprised me after so many years when I finally saw its naked belly! So this is what we have been doing - we looked again and again to see what our blind spots have been - where our gaps are and what else needs our focus!

These were our questions over the past year:

How do you breed sustainable butterflies? What is sustainability in the educational and medical sector about? In what way do our programmes bring substantial change for the poor in South Africa? How do we continue to build resilience in the students that benefit from our programmes? How do we monitor and evaluate the change? Who needs to be involved to make the Butterfly Art Project everlasting? When is the right time to take our vision into other vulnerable communities? Some of these questions we continue to hold and explore, others we have already answered.

In 2015, we found a handful of precious advisors who guided us through the process of tackling our issues around sustainability, monitoring & evaluation, writing of fundraising proposals and strategic planning. We have begun to apply many of their suggestions and recommendations, and some are still in preparation. Like the very hungry caterpillar we keep eating what ever deliciousness comes our way. Here are the exciting changes that have already emerged in the new year 2016 in the Butterfly Art Project as a result of it:



- ✿ For the first time the "Art Therapy" department operates with an exclusive art therapy manager. Hazel Cox started with us in February 2016. She is seeing 20 children for art therapy weekly and supports the "Art Outreach" developments.
- ✿ The "Art Outreach" department is going full steam ahead with a new team and three programmes. The new manager, Zaid Philander, arrived with lots of experience and many of his own ideas are already taking root and showing results.
- ✿ One of the "Art Outreach" Programmes, the "Community Art Facilitator (CAF) Training", equips adults with tools and skills to bring our teachings and approaches, our tools and methodologies further into other communities in need. Last year we offered a first training module for 'Art in Early Childhood Development' with participants from Vrygrond only. In January 2016 we started training 30 adults working in communities all over the peninsula. With them we took a first and powerful step toward spreading our artistic and colourful Butterfly wings towards new horizons. Melanie Dill, a passionate artist and trained CAF, continues to volunteer many hours to support me in my teaching of future CAFs.
- ✿ The department "Art for Pre-schoolers" grounds their teaching firmly in Waldorf education. Barbara Chisvo and her assistant are getting excellent training at the Centre for Creative Education in Plumstead, Cape Town every week. The teaching spaces were visually transformed into Waldorf style classrooms by a number of volunteers.
- ✿ The "Art for Capricorn Primary School" celebrates beautiful artistic results. The whole school community has been growing through art. The stunning art exhibition organized by Firdous Hendricks and her strong team was a tremendous success and many art works were sold.

A passionate team of staff and volunteers lifted many butterflies through windy times in Vrygrond.

Our board members Amanda Ganca, Bärbel Brandes, Bernard Dudley, Nerina de Villiers, Tobias Wrona and Zintle Dyantyi were deeply engaged in steering BAP throughout the year. I am moved by their selfless commitment of time, heart and expertise coupled with their never-ending encouragement for us.

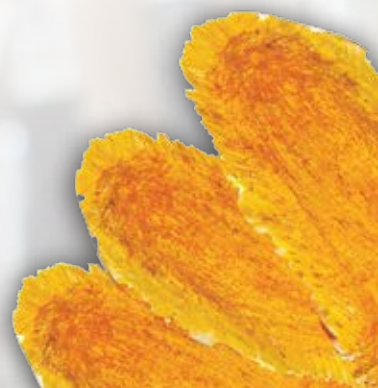
We found many new partners to help support BAP, which has become like a "resilience factory" for children in Vrygrond.

Our old and new funders give us a solid base to prepare future endeavours and we feel encouraged to continue to explore the Butterfly and look for new discoveries within what we know so well....With curiosity and the desire to never stop improving we move forward....

Thank you for your continued support for the Butterfly Art Project and for the children of Vrygrond.

With warm regards

ANGELA KATSCHKE,  
PROJECT DIRECTOR



# MESSAGE FROM THE BOARD

At the Butterfly Art Project, we are constantly encouraged by the interest we evoke from friends, and the larger and ever growing number of learners being helped and promoted. We are constantly amending the programme for maximum efficiency.

We are also very aware that a multi-faceted approach is needed. We have developed special programmes for adults and their needs, in addition to those for the children. These have proved to be beneficial allow the programs and values to take root inside the homes.

It has become necessary for us to get larger premises to accommodate the number of children. We soon hope to add a shipping container unit and plan for larger buildings in the future.

We are pleased to report that our staff has grown to make the operation of BAP more professional and able to meet the needs of a community with such hopelessly inadequate resources.

Warnings abound from many official sources that we are heading for difficult financial times. Many non-profit organisations are already battling and some even curtailing their services at a time when they are most needed.

WE take this opportunity to thank you for your continued support of these children who find themselves in circumstances not of their own doing.

BERNARD DUDLEY,  
CHAIR







Tobias Wrona, Project Support | Nerina de Villiers, Secretary | Angela Katschke, Project Director | Zintle Dyantyi, following Secretary | Bernard Dudley, Chair | Amanda Ganca, Treasurer | Dr. Bärbel Brandes, Fundraising

BAP is very grateful for the interest shown by its many friends and supporters! BAP's main mission is to reach out to its immediate community, but we are constantly surprised at how far news of BAP has spread and at the willingness of such diverse friends to support us. BAP has interns, volunteers and staff from down the road and from Holland, Germany, USA other African countries on our team. This makes for a rich eclectic and cultural mix, which sets a good example of unity for the children, plus being a source of social growth and cohesion. As the people of Vrygrond/Capricorn are from multiple backgrounds, so to are the people within BAP.

Recently the BAP team went on a guided walk through part of Vrygrond, having time to pause and observe more about the community, its spaza shops, bulging creches, encounters with friendly local dwellers, as well as many dogs. We also visited an NPO, which offers training classes and involves people in doing vegetable gardening sustainably. All encouraging! Another pleasant experience was having breakfast at a small restaurant at a lady's home where she shared her story of perseverance and hard work. BAP is part of a safety net being woven through Vrygrond, linking or networking with our neighbours, attempting to reach those who seek upliftment from troubled circumstances.

To refer back to our BAP Team: there are at least 16 regular members who have specific weekly responsibilities, some employed, some voluntary. They fulfill many functions, as you will see on other pages of the report. All are very committed, hardworking, loyal and bring a range of expertise, experience, and great enthusiasm. They are really warm and caring human beings. With such a mix of creative people there are few dull moments, especially with our sometimes unpredictable 'clients' and the mini-crises that do occur! Thank goodness for humour and good-humour. The Board members appreciate your dedication and commitment to BAP, often in trying situations, and assures you of its ongoing support.

As part of BAP's daily life, in-service training takes place, some through 'team time' every Tuesday and also informally but intentionally on-the-job. Our Director, Angela, also regularly schedules time with managers and individuals. Many BAP staff go on training courses with outside companies, professionals, mentors, etc. This often depends on funds.

Here is an opportunity for you, the reader, to consider how you might support BAP: perhaps you could contribute to our training/ coaching through your field of experience? Perhaps a once-off or a course to extend the up-skilling of our team? Legal advice at times? Other needs are for volunteers to assist by offering transport to our children for outings, etc.; people to man the end of year exhibition in the school hall; occasional catering /snacks for an event.

We wish to assure our sponsors, our donors, all who have supported us in whatever way of our true appreciation. You have enabled us to achieve what this report celebrates!

The Board especially wishes to thank Angela Katschke for her unconditional commitment to directing BAP through another year! She is an unstoppable driving force who leads by example, seeks and provides inspiration, and innovates through creative ideas. This is not through enthusiasm alone. Her hours of research and analysis, striving for better ways of management and more effective systems are driven by a concern for the community and its vulnerable and able members alike. Her vision is ever seeking meaningful challenges and ways of bringing productive change for a wider community.

NERINA DE VILLIERS,  
BOARD MEMBER



# OUR TEAM

Project Director  
Angela Katschke

Programme Managers  
Barbara Chisvo, Art for Preschoolers  
Firdous Hendricks, Art for Capricorn Primary School  
Hazel Cox, Art Therapy  
Kim van Dongen, Art Outreach until April 2015  
Zaid Philander, Art Outreach  
Bongi Majambe, Operations until October 2015

Programme Assistants  
Charles Jansen, Art for Capricorn Primary School  
Karen Julius, Art for Preschoolers  
Ruchelle Muller, Art for Preschoolers



Long Term Volunteers  
Marian Dabringhausen  
Nerina de Villiers  
Melanie Dill  
Lea Huber  
Miriam Keller  
Nancy Krisch  
Aquila and Gabby Labuscagne  
Virginia Malchus  
Jean Paul Tschimwanga  
Rosalinde Willemse

Others  
Josina Barnes, Bookkeeping  
Rameez Benhardien, Admin  
Dixon Domenico, Gardener



# WHAT WE DO

We encourage creativity and healing through art. Our work brings light and tools to those affected by trauma living in vulnerable communities. We aim to bring about change for marginalized communities in the Western Cape of South Africa through art teaching, art therapy and Art Facilitator training. Traumatized children and adults learn to express and experience themselves through art in a way that provides them with personal healing opportunities. Community Art Facilitators capable of guiding community members through creative healing processes enrich many other communities.

Art promotes healing.

Art creates life skills.

Art supports entrepreneurial thinking.

Where we operate from Vrygrond/Capricorn is located in close proximity to the beach town of Muizenberg, but the two could not be more different. The community was one of South Africa's first informal settlements and is a true melting pot. When walking the streets, one can hear Afrikaans, Xhosa, English, Shona and all sorts of other languages. Today, around 42.000 people call this multi-cultural township home.

The people of Vrygrond/Capricorn live in a challenging environment. There is a lack of education, information and support. Most houses are so-called shacks, built with rough materials. Many do not have running water. The general living conditions in Vrygrond are harsh. People face power cuts, water-outages and a lack of public service resources. Unemployment is high, around 21,5% of Vrygrond/Capricorn's population are without a job, and financial difficulties are a daily struggle. The streets of Vrygrond are strongly affected by crime. Over 50% of the inhabitants have experienced crimes ranging from robbery to hijacking, damaged property and sexual assault. They do not only face violence outside their homes.

One can find many broken or child-headed homes in Capricorn, as drug and alcohol abuse are a frequent problem. Illnesses such as HIV/AIDS and tuberculosis are prevalent in Capricorn, triggered by poor sanitation, lack of proper health care and education. Nevertheless, the community is a place full of joy and the people here are survivalists.

Vrygrond/Capricorn is loud, vibrant, and never fails to surprise you. The streets buzz, spontaneously turn into a marketplace or simply become a party zone. Colourful tuck shops, hairdressers, butchers and braai places are lined up next to each other. Many great organisations are working to support the people and improve Vrygrond/Capricorn's living conditions. In 2008, a milestone was reached when the Vrygrond Community Development Trust opened the Capricorn Primary School. The school grounds have also become home to our Butterfly Art Project. All these projects and efforts have been able to make a real impact on the community.



# WHAT WE ACHIEVED IN 2015/16

BAP was managed by 9 employed staff members, 2 consultants and 7 different full-time volunteers. There were also volunteers who contributed on a once a week basis or by engaging in single time projects. Coaching and capacity building from various different directions made us grow in depth. Supporters from all over the world enabled BAP to be hugely successful in 2015/16!

TOGETHER we accomplished the following:

Presented four different programmes: Art for Capricorn Primary School, Art for Pre-schoolers, Art Therapy, Art Outreach (Heart for Art, Open Studio and Community Art Facilitator Training)

Managed a total of 750 children and approximately 60 adults (interns, volunteers, teachers, community facilitators) per week

Taught art to 413-431 students/learners at the Capricorn Primary School

Provided art therapy for 38 disadvantaged children (5-15 years)

Devised and hosted a CAF-Training Course for 12 preschool teachers from Vrygrond

Started a 3 module CAF training for 30 adults from different communities

Accelerated 140 Pre-schoolers towards their school-readiness via the modalities of art, movement, storytelling and free play, once a week in 2015

Provided a weekly clay session to 20 CPS children who lacked balance and rhythm in their lives

Provided hands-on training to 7 pre-school teachers from the Educare daycare programmes with which we partner

Welcomed 100 preschoolers and 20 Grade R children in 2016 for weekly art sessions

Offered extra-mural art to 120 children in our Heart for Art programme

Created long-term internships for an art therapy student and 4 young professionals

Initiated a monitoring and evaluation system for all BAP departments

Successfully implemented CAPS in our art curriculum for CPS

Took our Grade 7's on an inspiring outing to Montebello Art and Design Centre where they were awakened to the entrepreneurial opportunities of the arts

Arranged for 7 children to go to Montebello on a weekly basis for wood sculpture workshops with Right Mukore

Community mural on Vrygrond Avenue, the main road in Capricorn

Held an inspiring exhibition of our year's artwork in the school hall, opened by a special Thank You event

Secured funding and hired staff for art therapy and art outreach departments

Enabled kids to enter art competitions (International Kite Festival, the Lions Peace Poster Competition) and took the winners to the prize-winners function

Celebrated BAP's 5th birthday





# OUR SUCCESS AND DEVELOPMENT STORIES:

## Art for Preschoolers:

The first time at our Butterfly home can be a whole new experience for the children. The Educarees that we work with do not have the space or the funds to teach the children basic skills. Thus, very little things can excite the children. For example climbing the stairs of our two-storey building can become a real adventure for them. Such buildings are not a common sight in Vrygrond since there are only few of them. Thus, many of our preschoolers children have simply never climbed stairs before coming to BAP. They are intimidated and in need of a helping hand. At first, when having to go down the stairs they will just sit and slide down, however, they learn to master the stairs quickly. After having to hold their hands and encouraging them for the first month or two, they just run up the stairs, more excited than ever! It is key to us to support the children develop such basic skills.

An important part of our curriculum is the clay work. The aim in using clay is to have our kids activate their hands regularly. It develops their ability to see and feel forms and the exertion helps to shape the children's willpower and lets them connect actively with the world. However, most of our children have never worked with clay before. They do not know what clay is or what to do with it. When handling the clay for the first time, we experience a lot of irritation and hesitation. One little boy even refused to touch the clay in the first session, seeming almost scared of it. In the first weeks we let the children do things at their own speed. We do not tell them how to handle the clay but rather let them find out for themselves. This method of not putting pressure did wonders on the little guy. In the second week, the boy overcame his initial fear and put his fingers in the clay. Over time he slowly started exploring the clay and has become one the most enthusiastic child regarding clay, truly enjoying the clay work.





### Heart for Art:

At first when we started, she had long braids and was a fairly confident child. In fact, she was very strong in terms of personality and the way she interacted in classes. Socially she was very present. Then, after the school holidays, her braids were taken out, \*then her parents had her head shaved for regrowth. Once this occurred we immediately witnessed that her confidence levels lowered as well as her interaction with the class in Junior Fireflies. We felt that she was very dependent on her hair which at such a young age shouldn't be something that a child should be so conscious of.

At one of the lessons we had some free play time with wool as all the kids had finished their craft earlier than expected. We then witnessed that she came out of her shell as she became the attention of many since she knew how to do a technique to make a bracelet. We also then witnessed that she became that sociable child we all got to know from the beginning. After a few more classes still with a shaven head, the child has become a confident being and now does not care whether she has her hair or not. It was wonderful to see and witness such a quick change around in a child, and proved to us how changeable and sensitive these kids are in terms of mood, personality and wellbeing.

### Art for CPS:

Since the start of the Butterfly Art Project's (BAP) partnership with Capricorn Primary School (CPS) in 2011, Andile (name changed for reasons of privacy) attended our weekly art classes in the Art for CPS department. He quickly demonstrated a special talent for art and joined our Dragonfly programme in 2013 - an after school programme for particularly artistic children.

Andile simply cannot stop drawing; his technical skills have developed continuously since starting at BAP. He has a positive reputation at his school for being the most skilled artist and many of the children look up to him for this reason.

Although he excels in art, academically, Andile is considered a remedial child. At the start of grade 6, he was unable to read or write and was categorised by the school as low functioning, destined for the school of skills. However, after seeing what Andile was capable of in art last year, his teacher realised that if he applied himself he could do anything but was just lazy when it came to academics. What he achieved in art inspired her to really push him and by the end of grade 6 he was able to read and do comprehensions. In the grade 6 systemic tests last year he scored above the 15% mark where he was previously scoring below.

Andile has won a number of art awards at BAP including first and second place in 2014 and 2015 in the Lions Club International Peace Poster Competition. The confidence Andile has gained through BAP has really lifted his self-esteem and inspired him to push himself in other areas of his life.



## Art Therapy:

Every Monday a group of 7 boys and girls spend the afternoon with a wood sculptor to learn first steps in working with a chisel and hammer. All the children had significant challenges to focus in their art class and were therefore chosen to go on this weekly outing. One boy with a highly complicated family background, little academic success, ADHD, aggressive and impulsive behaviour flourished in these sessions. He could focus his mind and action in the activities around wood and would not get tired. His attention span grew to an extent his teachers could not believe. The widest smiles and his deep and calm breathing could tell us about the happiness he was able to experience.

One day we suggested to use the session to paint their art works and got surprised by rowdy and destructive behaviour from the children. This way we could see once more with our own eyes how therapeutic and magic the ways of art are: the rhythmical hard banging of tools against wood, grounds the children, allows them to feel their own strength and power, grows their confidence in their own action, helps to let go of aggression and makes them experience our trust by handing out sharp tools to them.

## CAF:

Just one of our success stories lies with a high school teacher named Vaughn. He teaches "Technology" at a local high school during the day and offers art in his classroom in the afternoons. Angela and Melanie (CAF teachers) recently did a site visit to his classroom to learn more about his community and facilitation. We learned that many of his students come from difficult communities filled with challenges. Vaughn has a background in graphic design and had a great desire to help 'troubled students' (those with learning difficulties, classroom trouble-makers, kids who need extra support).

Vaughn began our CAF course in January and chose to practice his art facilitation with his students. He gave an open invitation to anyone interested in doing art to come after school for extra classes. There is no art teacher in this high school and Vaughn knew art could bring great joy to his students. Vaughn has about 12-14 regular students that come to him each week to create and collaborate. Vaughn is building trust and camaraderie with a group of students who are often withdrawn and lack basic educational strength. The students he is working with are thriving in this creative input and Vaughn has commented that the students seem to be doing better in their peer-to-peer relationships, attention in their typical classroom setting, and he sees their confidence being built because they're excelling in these art exercises!





# PROGRAMMES

## **Firdous Hendricks about Art for Capricorn Primary School**

The year 2015/2016 was an eventful one for the Art for Capricorn Primary School (CPS) department. In 2015 the Art for CPS department taught 14 classes from Grade 3 to 7 for one hour per week, amounting to a total of 413 children. In 2016 the numbers grew to 431 children in 16 classes. The curriculum was based on South Africa's National Assessment Policy Statement (CAPS) for Visual Art.

In the beginning of 2015 we worked on implementing a structured work environment that allowed the team to be more effective. Further, the team endeavoured to make the work of the Butterfly Art Project more prominent within the school. We put up artwork in the main school hall throughout the year and formed closer relationships with the teachers and the principal, developing a more collaborative relationship.

The team also worked on creating a predictable classroom setting for the children and applied a positive system of discipline. This improved the children's focus and created a calm and creative atmosphere. The Grade 3, 4 & 5s focused on the exploration of art materials while experimenting with the elements of art, while the Grade 6 & 7s built a more formal artistic skills to develop a more mature visual literacy.

The Grade 5s created inspiring designs for murals that would send a positive message to their community. As the project was a great success, the CPS department arranged for graffiti artist Sergio Rinqest from One Love Studio in Muizenberg to paint the mural with the children on a prominent wall in the community. The initiative brought a greater awareness of the Butterfly Art Project's work to Vrygrond.

The Grade 6 & 7 learners were introduced to the creative entrepreneurial possibilities art has to offer; a Grade 7 outing to the Montebello Art and Design Centre brought these ideas into reality for many of the students. The children had a mind-growing experience as they were exposed to various forms of art and design.

A new system of group rewards was put in place, which settled into a practical and predictable solution for classroom management. The team also recognised the need to formalise a Code of Conduct for the art room. The department became more serious about the follow through of the rules and this had a domino effect on the children who underwent a behavioural transformation.

The Art for CPS department saw a number of disruptions in 2015 such as smoke from the mountain's fire and lack of running water in Vrygrond, forcing the school to close, which affected programming. The Vrygrond community was also challenged by the riots that forced the school to close for over a week. The BAP team was unable to enter the community. Upon their return, the Art for CPS department worked with the children in small focus groups, creating a safe space where they were able to express their experience of the riots.

In 2015 we implemented the new BAP system of Monitoring and Evaluation (M&E) and at the start of 2016 Joachim Schuler digitalised the system. The M&E allowed us to restructure some of our curriculums at the start of 2016 according to our findings.





At the end of the year, the department held an inspiring art exhibition at Capricorn Primary School that showcased the children's achievements in 2015. The exhibition was well received by the Butterfly Art Project's board, stakeholders, partners and funders as well as the general public interested in the work of the organisation. Artwork at the exhibition is for sale and continues to generate income for the department.

In 2016 the CPS department started the year more prepared than ever before, as a result the children have slotted into the year seamlessly. There was a dramatic improvement in the children's behaviour and artwork in comparison to 2015's Term 1. I became the Programme's Manager and assumed the Art Teacher position in January 2015. I've got a deep passion for arts education and believe that art is a powerful tool for healing.

I was assisted by Charlie Jansen, a Vrygrond local who is passionate about art and has developed great skill in giving back to his community through teaching art! Furthermore, German Weltwärts volunteers Virginia Malchus supported us. Virginia committed herself admirably to the department until August 2015 and formed meaningful relationship with the children. In August the team welcomed Dutch Art Therapy intern Rosalinde Willemse and new Weltwärts volunteer Miriam Keller. Miriam and Rose brought a burst of energy and enthusiasm into the department.

We are thankful to Capricorn Primary School and The Vrygrond Trust for allowing us to develop our relationship and for the opportunity to teach hundreds of children in Vrygrond, crucial skills in creative development.





## Barbara Chisvo about Art for Preschoolers

Our children live in confined spaces and come from humble homes. The Educarees that we collaborate with are challenged by limited space and lack proper materials to allow the children to unfold their creativity side. They do not have the space or the funds to follow standard Educare practices and teach the children basic skills. There is a lack of structured creative play, which is much needed in the community. As a result, children are not given the opportunity to express themselves in an artistic way. The aim of the programme is to integrate art into their learning. We offer the children opportunities for artistic experience in music, free drawing, water colour paint, mixed media, clay and craft. The curriculum enables the children to go through a process of development, adapting one skill at a time, giving them time, space to explore and find out things out for themselves. We compare the transformation our preschoolers go through over the course of the year with the life cycle of a butterfly. When our children come to us for the first time, they are still an egg on a leaf because the required skills are not existent. We nurture the individuality of a child but they all follow a universal pattern of development. We are gladly to report the success of teaching the children in a holistic way - a broad range of teaching goals and aspirations for children's learning that extends well beyond academic learning into fields of social and emotional well-being.

In 2015, we collaborated with six Educarees, who who sent kids for a 2 hour session once a week. Furthermore, we did a clay session with the Grade R class from the Capricorn Primary School, amounting to a total of 140 children per week. Besides this, we also offered hands on training in didactical methods, art activities and observation of the developmental stage of children to partnering pre-school teachers. We were pleased to see that our Educare teachers were implementing what they had learnt from us in their respective Educarees.

2015 was an exciting year for the department. To stay close to the BAP vision "encouraging and healing through art", we redesigned the programme according to the Waldorf approach method of teaching. We worked hard to create a warm, beautiful, loving home-like environment, which is protective and secure, and where things happen in a predictable, rhythmic manner. It allowed us to identify children with special needs and offer them extra support.

To better understand the development that our children go through over the course of the year, each one of them was given a journal that helped to track their individual developmental stage. Furthermore, a Monitoring and Evaluation system was introduced to help track the progress of each child and the Educarees. The Department also faced several challenges in 2015. The unpredictable weather in Cape Town meant children were not able to come to BAP since they are not able to walk to our location because they don't have proper raingear. When the children cannot come to us, we would have the sessions at the various Educarees. However, we still faced challenges due to the lack of sufficient resources and space. Thus, during these sessions we were not able to create the wanted intimacy for the children, which we have established at BAP. Taxi violence and shootings forced us to temporarily suspend the programme, disrupting its continuity. After taking the first weeks of 2016 for preparation, we could not wait to finally put our plans into action in February. In 2016, we collaborate with five informal Educarees in Vrygrond, teaching and continue our CPS Grade R clay sessions, amounting to 120 children per week.

My name is Barbara Chisvo. I am a qualified pre-school teacher with vast experience in working with children. I am extremely passionate about early childhood development in the community. Ruchelle Muller is my program assistant. She grew up in Capricorn and has a deep understanding of the community and its needs. Together, we study Waldorf Education two days a week at the Centre for Creative Education. Weltwärts volunteer Marian Dabringhausen supported the department until August 2015 and served our preschoolers with great love. In October new Weltwärts volunteer Lea Huber began her service at BAP. She is engaged for the well-being of the children in the community and strongly supports the administration work of the department.

Our biggest thank you Butterflies we send to our loyal and generous funders from Smiling Heart e.V. who carried all running costs of the programme in 2015.



## Zaid Philander about Art for Outreach

This specific programme targets children from Grade 1 up until adulthood and provides art and creative outlets for these kids after hours and on weekends. The aim is not only to provide a safe space for these learners outside the borders of school, but to understand and build a trusting relationship with each individual.

We are supporting a positive creative outlet for a community of children that may not get to experience much else and providing them with a space where they can feel appreciated, treasured and fulfilled.

We offer several creative outlets such as:

- Art
- Pottery (wheelwork, sculpting and ceramics)
- Sewing
- Craft
- Eco Art (Mixture of gardening and practical outdoor creative practices)
- Street Art

We currently provide 11 different classes, and our goal was to reach 12 classes by the end of the year. We are also serving 128 beneficiaries which is almost double the amount we had served last year.

My name is Zaid Philander and last December I was appointed as the new Art Outreach manager. With my assistant Nadia Abrahams, who joined the team in March 2016, and the entire BAP team, we are working toward bettering and empowering the children of Vrygrond - one brush stroke at a time!

Our Art Outreach Programme is divided into three sub departments:

- Heart for Art
- Community Art Facilitators
- Open Studio

All of them have their own special focus and goals but are united in the impact art can make.

## Heart for Art

The department had a difficult start at the beginning of 2015, as limited resources were available to us. A system was put in place where our beneficiaries had to pay a fee of R100 per term. This made the department more stable. However, due to the underprivileged community we work in, it was still a limitation for some.

The Butterfly Art Project started fundraising for the department and the fee system was dropped, which allowed the interested kids to attend irrespective of their financial capacities. Unfortunately this could not be sustained, and due to lack of funding Kim van Dongen's position was terminated. Each BAP teacher had to hold his or her own outreach class. Five afternoon classes took place to give the children the chance to get creative in their free time.

With the aid of the Sir Peter Ustinov Foundation, we developed a programme that boosted the original classes and created additional classes for the children of Capricorn Primary School. The programme got a fresh start and the chance to grow. We created a special curriculum for every class stating the activities and goals for each lesson. Moreover, a monitoring tool has been developed to evaluate the goals, the artistic process and the behavior of each child. In 2016, the number of classes has grown to 11 Heart for Art classes and we are planning to end the year with a total of 15 classes.

With all this new growth and new lessons, it is now time for the Butterfly Art Project to keep up the momentum and continue fundraising to ensure the future of the programme. Thus, BAP developed a system that allows the participants to sell their artworks and a part of the proceeds will go toward the running of the department. Furthermore, the Outreach department is working on an Exhibition to showcase and celebrate each and every participant with the chance to sell their artworks to the public and make them see their value.

We have a Heart for Art!





## Community Art Facilitators Training

Situated in Vrygrond, our Butterfly Art Project is making a difference by servicing preschoolers, primary school children, and many others in our community. Our reach is growing and we're "encouraging creativity and healing through art" all around Cape Town!

After training 12 ECD teachers from Vrygrond in 2015 our Community Art Facilitators course rolled out on a grander scale in January 2016. This course consists of 3 modules:

- (1) Art in Early Childhood Development
- (2) The Butterfly Art Project Method - a process of discovery & healing
- (3) Creative Interaction

We offer courses in 2 venues: Vrygrond and Newlands (at the Montebello Design Center). Our 26 adult participants are from a variety of communities as far away as Kraaifontein, Fish Hoek, Green Point, Somerset West, and as close as our very own Vrygrond! Each participant comes to us for instruction 6 hours a month, and we require their facilitation in a community of their choice 6 hours per month. We're taking art, creative development and this healing medium to places we never dreamed of!

Many of those that signed up for our Community Art Facilitators (CAF) course have never worked in an underprivileged community, but came to us to gain insight in how to invest in a community and make a difference in the lives of others. Some participants were already community workers and giving precious time to communities they live in, but signed up for CAF to learn about the concept of art-therapy and how they can introduce art into the lives of those who really need creative development! Community art groups are being conducted with adults, high school students, primary school kids, and preschoolers; combined they total over 250 individuals that are reaping the benefit of our newly trained Community Art Facilitators. These 26 facilitators are being equipped, resourced and coached in how to glean the great artistic potential inside our beautiful nation of South Africa!

Angela Katschke and Melanie Dill are working hard to write facilitator's manuals with the experience, trial and error, and feedback during this year's modules so that 8 Community Art Facilitators can become trainers of these courses and continue to multiply the impact of this adult art therapy education in 2017! We've been honoured to have a grant for this Community Art Facilitation work for 2016 from Misereor (<http://www.-misereor.org/>), our fabulous supporters. With the grand scale that this course is taking on and multiplying in 2017, we are looking for those who'd like to partner and be part of this fabulous journey. Open calls will take place for more partnerships and collaboration to arise within this department.

## Open Studio

Even though we love working with our children, we are very much aware of how important it is to also involve the adults of Vrygrond in our project and strengthen their connection to art. Moreover, another aspect of the programme is also to emphasise the professional side of art. We want to demonstrate to the people of Vrygrond and the and broader South Africa that art is not only a passion, but can also be a profession.

Our Open Studio sessions welcome anyone interested in art and its making. Thanks to the promised support from the National Arts Council we can offer them completely free of charge and can provide the people of Vrygrond with a creative space. This weekly studio time allows adults working or living in Vrygrond to improve their artistic skill, experiment with a variety of art mediums, and learn from artists from the surrounding areas of Cape Town.

Participants are invited to make use of all our art supplies and let their creativity be set free, resulting in all kinds of artwork. So far, we have had amazing results. Some of our participants are working with clay, producing lovely clay pots, while others are focusing on drawing self-portraits. Commitment is an essential part of our open studio, so we invite people to attend our open studio on a regular basis. We want to encourage participants to discover, develop and/or improve their artistic skills, which is only possible by regularly attending our sessions.

We are very excited about our Open Studio and hope that these sessions will reach even more people over the course of the next years. This is a unique project as Vrygrond has no creative communal space. Our Open Studio wants to fill this gap, offering Vrygrond's people the opportunity to really live out their creativity and practice it whole heartedly.



## Hazel Cox about Art Therapy

The area of Vrygrond faces multiple challenges, both social and environmental. As a result, the children in our community deal with trauma, psychiatric disorders, physical disability, mental retardation and learning disabilities. Behavioural abnormalities show themselves in situations where there is a high propensity for violence such as aggression, denial, withdrawal, seclusion, strong conformism or excessive desire for closeness. Art Therapy aids the traumatized child through his/her individual process to gather resources from within and to develop other perspectives.

Every child needs a different therapeutic approach in order to strengthen their own creative powers. Therefore, we use various artistic media such as painting, drawing and modelling to teach the child. These children learn to develop in play, creative thinking, perseverance, and focus. They gain emotional strength and develop a relationship with their inner self. This process is healing and restorative.

Unfortunately, we were unable to offer Art Therapy in the beginning of 2015 due to a lack of funding. In July 2015, Rosalinde Willemse, an Art Therapy student from the Netherlands came to work with our challenged children. Rosalinde worked in smaller, therapeutic groups with the Grade 4s. The Grade 4 classes became more engaging and enjoyable for all of the children and Rose's small groups thrived in their new environment. Rosalinde saw 17 children over the course of her time at the Butterfly Art Project until she returned to the Netherlands in December.

2016 is an important year for our Art Therapy Department. BAP Director Angela Katschke was successful in securing funding from Misereor e.V. and the Learning Trust. In February 2016 BAP employed me to run and grow the art therapy department. I trained in the United Kingdom as an undergraduate student in Art Therapy, and completed a postgraduate diploma in Australia.

Our Art Therapy Department seeks to offer a therapeutic space for small groups and individuals on a weekly basis. I work with around 15 to 20 children per week, and a total of 50 children over the course of the year.



# FINANCIAL SUMMARY

## THE BUTTERFLY ART PROJECT

(Registration number NPO 124-968)

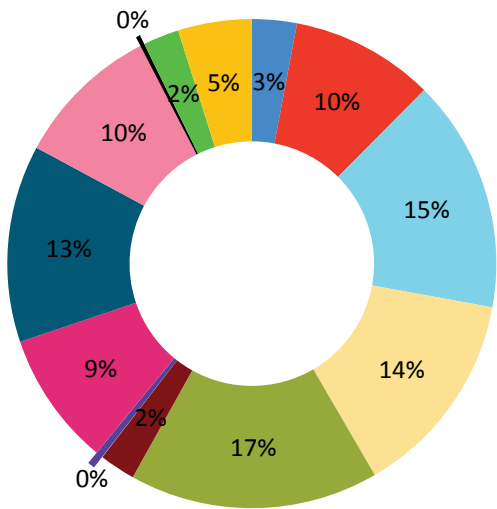
Annual Financial Statements for the year ended 29 February 2016

### Statement of Financial Position as at 29 February 2016

Figures in Rand	Note(s)	2016	2015
<b>Assets</b>			
<b>Non-Current Assets</b>			
Property, plant and equipment	2	54 120	82 831
<b>Current Assets</b>			
Trade and other receivables	3	11 405	9 737
Cash and cash equivalents	4	656 551	60 944
		<b>667 956</b>	<b>70 681</b>
<b>Total Assets</b>		<b>722 076</b>	<b>153 512</b>
<b>Capital and Liabilities</b>			
<b>Capital</b>			
Deferred income		707 591	153 512
<b>Liabilities</b>			
<b>Current Liabilities</b>			
Trade and other payables	6	14 485	-
<b>Total Capital and Liabilities</b>		<b>722 076</b>	<b>153 512</b>

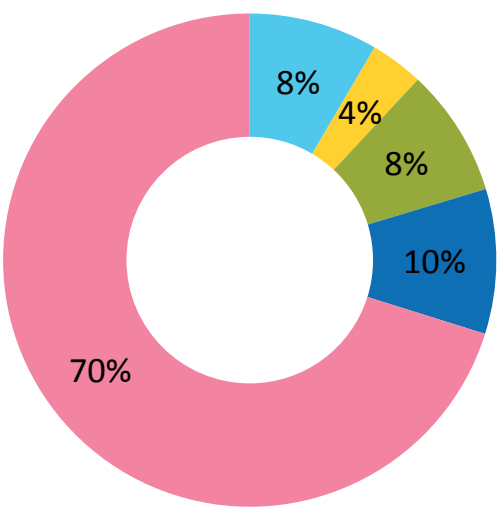


# INFLOW OF FUNDS



- Ackermans Foundation
- Chic Mamas Do Care
- Nussbaum Foundation
- Misereor e.V.
- Smiling Heart Donations
- Stiftung Kinder-Hilfe
- The DG Murray Trust
- The Learning Trust
- Vrygrond Community Development Trust
- Peter Ustinov Stiftung
- Parents Payments
- William Kenridge Studios
- Private Donores

# OUTFLOW OF FUNDS



- Admin
- Building Maintenance
- Professional Fees
- Project Materials
- Staff Costs

## THE BUTTERFLY ART PROJECT

(Registration number NPO 124-968)

Annual Financial Statements for the year ended 29 February 2016

### Detailed Income Statement

Figures in Rand	Note(s)	2016	2015
<b>Revenue</b>			
Donations and grants received		1 703 856	883 745
<b>Other income</b>			
Gains on disposal of assets		3 785	-
<b>Operating expenses</b>			
Advertising		7 058	7 995
Assets <R2500		6 015	-
Bank charges		4 119	2 875
Bookkeeping fees		31 275	18 050
Cleaning		3 485	4 383
Computer expenses		-	2 281
Consulting fees		28 939	695
Depreciation		17 711	18 162
Development and Training		42 024	11 959
Donations		9 379	1 221
Entertainment		552	-
Equipment and Toys		12 277	1 877
Hire		5 525	-
Independent Contractors		-	108 000
Insurance		22 297	14 641
Interest Paid		-	2
Internet Expenses		8 693	8 176
Legal expenses		-	692
Materials		56 575	29 773
Motor vehicle expenses		4 431	9 151
Postage		3 403	1 861





# WISHLIST 2016

## Art material

A3/A4 Paper (120gsm)  
 A3/ A4 Paper (80gsm)  
 Acrylic paint  
 Black A3 paper  
 Black A4 paper  
 black board paint  
 Black fineliners  
 Black markers  
 Black permanent markers  
 Canvas  
 Cardboard  
 Cello tape, 7cm width  
 Clay  
 Coloured kokis  
 Coloured waterbased ink  
 Coloured card  
 Coloured paper  
 Coloured pencils  
 Crayons  
 Erasers  
 Fabric paint  
 Foam material  
 Foil  
 Glazes  
 Glitter glue  
 Glue sticks  
 Lino  
 Masking tape  
 Matt medium  
 Oil pastels  
 Paint brushes  
 Paint-boxes  
 Pencils  
 Picture frames  
 Pigments  
 Podge  
 Prestik  
 Ribbon  
 Roll of brown card  
 Rulers  
 Silicone  
 Soft pastels  
 Sponges  
 String  
 Tempera Paints  
 Wall paper glue  
 Watercolour paints  
 Watercolour paper

Wax crayons  
 Wood blocks  
 Wood glue  
 Wooden boards of any size  
 Wool (little pieces)

## Gardening Materials

Big plant pots  
 Compost  
 Indigenous plants for sandy soil  
 Irrigation spare parts  
 Logs and tree trunks  
 Sand for sand pit, 3 sqm

## Art tools

Aprons  
 Art Books  
 Brushes  
 Cameras  
 (Digital SLR, small point-and-shoot)  
 Card board portfolios A3,A2,A1  
 Clay tools  
 Desks  
 Disposable cameras  
 Earbuds  
 Easels  
 Knitting needles  
 Overlocker machine  
 Painting boards  
 Pottery tools  
 Scissors  
 Sewing machines  
 Tripods

## Office

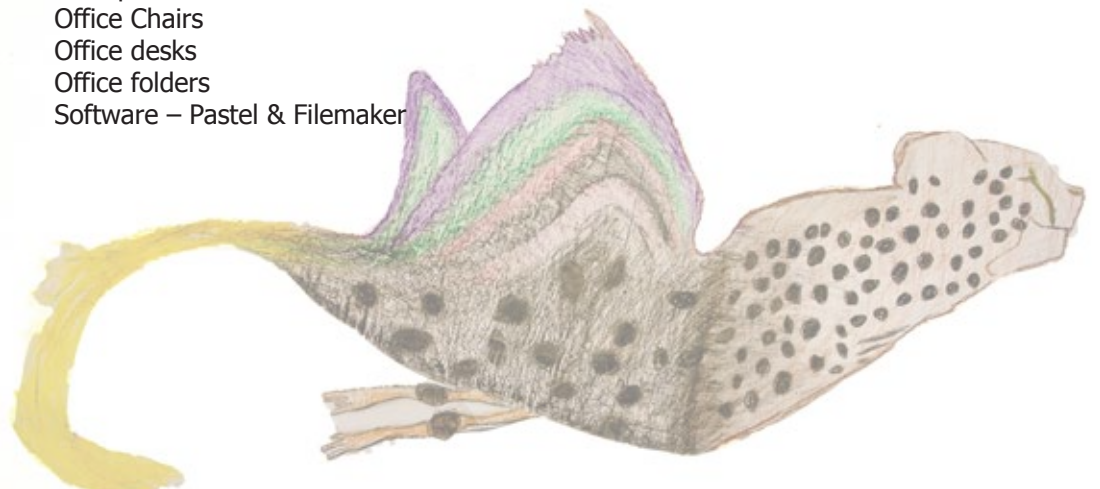
A4 and A3 printing paper  
 Clock  
 Filing cabinets  
 Flash drives (USB storage)  
 iPads (2 new or used)  
 Laptop (new)  
 Newsprint  
 Office Chairs  
 Office desks  
 Office folders  
 Software – Pastel & Filemaker

## Other Items

Balls  
 Children books  
 Christmas and birthday presents  
 'Waldorf' dolls  
 Educational toys  
 Musical instruments  
 Storage boxes  
 T-shirts for outings  
 T-shirts (white) for Preschool Grad  
 Thank you gifts for guest facilitators

## Other Services Needed

Funding for outings  
 Transportation for outings  
 Artists volunteering time and expertise  
 for adult workshops  
 (for Art Outreach department)



# FUNDERS, DONORS & SUPPORTERS

## Funders

Ackerman Family Foundation  
Build up kids Afrika e.V.  
Capricorn Primary School  
Chic Mamas do care  
Claude-Leon-Foundation  
DG Murray Trust  
Misereor e.V.  
Nussbaum Foundation  
Sir-Peter-Ustinov-Foundation  
Smiling Heart e.V.  
Stiftung Kinderhilfe  
The Learning Trust  
Vrygrond Community Development Trust  
William Kentridge Studios

## Donors

Alex O'Donoghue  
Alfred und Margot Wehner  
Andrea Kamml  
Andreas Oskar Pixis  
Anne Bruzas  
Annegret Droste  
Anton Anderfuhren  
Barbara Suess  
Beate Diao / Kunst und Kulturbastei  
Beatrice Roggenbach  
Bettina Lena Ellenfeld  
Bettina Ravanelli  
Birgit und Hans Eckl  
Centa Fürst  
Ceridwen Morris  
Christina Rackebrandt  
DG Murray Trust  
Flexkontor GmbH  
Hans-Werner and Myrtha Hauff  
Helgard Kröger  
International Women's Club of Cape Town  
Jana Pedrotti  
Joachim und Andrea Huber  
Kathrin Fraas  
Katja Kröger  
Klaus Zehndbauer  
Kornelia Kubat  
M. u M Wiehen  
Margit Seidl  
Marina David  
Matthis Wankerl  
Petra Stremplinger  
Rainer Harder  
Reddam House School. Interact Club  
Roland Wemheuer  
Roswitha Schlicker  
Shades Mountain Baptist Church  
Sue & George Kleyn  
Ulrike Schmidt  
Ursula Gampper  
Wilfried Kröger

## Material Donation

Bärbel Brandes  
Builders Warehouse  
Carolyn Kings  
Charles Flanagan  
Chinelle van Zyl  
Congleton High School in the UK  
Dille & Kamille Jeanette Schutte  
Florian Albrecht  
Helen van Stolk  
International Women's Club of Cape Town (IWC)  
Linette Hugo  
Lisa Dornberger  
Mirjam Macleod  
Penny Pinchers Tokai  
Reddam House  
Reddam House School. Interact Club - Grade 11's  
Right Mukore  
Sylke Schuler  
Uli Albrecht  
Vic and Pam Deiner  
Wedel Kindergarten via Albrecht

## Supporters

Aaron Mirkin  
Africa A+ school Anya Morris  
Andrea Brand  
Andrew Gorman  
Anette Brandes  
Angela Gorman  
Anne & Joanna de Haan  
Barbara and Kevin Kelly  
Birgit Eckl  
Charles Flanagan  
Claudia Bauer-Rabe  
Cornelia Lippl  
Ellen Gündling  
Erika Hauff-Cramer  
Frank Massolle  
Hildegund und Oswald Kurr  
Isa-Lee Jacobson  
Jonas Albrecht, A + school Africa  
Jörg Haas  
Jule Bauer  
Karen Hewson  
Lorraine Forbes  
Paula Hathorn  
Professor Wilma Merkel  
Richard Kilpert  
Silke Kirch  
Stefan Cramer  
Sue Davidoff  
Tine Bohm





# FUNDERS, DONORS & SUPPORTERS

## Supporters Continued

Anya Morris  
 Bluebird Garage  
 Cape Mental Health (kite festival)  
 Casa Labia  
 Cate Wood Hunter  
 CCDI  
 Center for creative education  
 Chantelle Wyley  
 Dr. Petra Stemplinger  
 Fergus Turner  
 Friedrich Schäfer  
 friends  
 Gabrielle Westvig  
 Helen Stotko  
 Hildegund and Oswald Kurr  
 Jonathan Schrire  
 Karsten Wagner  
 Kornelia Székessy  
 Lions Club Tokai (peace poster)  
 Maria Nyabali  
 Melanie Dill and  
 Michael Schröder  
 Michael Smolka  
 Montebello Design Center  
 Nicola Schwenkert  
 Nina Wagner  
 Paula Hathorn  
 Prof. Joachim und Sylke Schuler  
 Right Mukore  
 Rotary am Kap  
 Sabine Schäffer  
 Shades Mountain Baptist Church  
 Sylke Schuler  
 Tristan Soames  
 Ulrike Schmidt  
 Universität Pforzheim  
 Venecia Vouris  
 Vrygrond Computer Lab VCL  
 Wiebke Nedel

and many others

## Short-term Volunteers

Andrew (Gorman Photography) Gorman  
 Astrid Gebhardt  
 Barbara's son & Fish Hoek friends,  
 Florian Albrecht  
 Keziah Davies  
 Nathalie Theobald  
 Prof Joachim Schuler, Florian Schuler  
 Reddam House School. Interact Club, Grade 11's  
 Sergio Rinquiste  
 Ulrike Albrecht

and others

## Partners

Andre Marais  
 Anne Wilson  
 Ark Chapel Educare  
 ASSITEJ  
 Aveleigh Gateman  
 Bambini dream Foundation  
 Bethel pre-primary School  
 Capricorn Primary School  
 Catholic Welfare Development Athlone  
 Daylight Educare  
 Diana Morris  
 District Office of Education Manenberg  
 Edward Luddik  
 Eleton School  
 Esme Williams  
 Eunice Sharon  
 Gianna Milani  
 Gill Brand  
 Good Shepherd Educare  
 Hazel Cox  
 Imibala Trust  
 Jenni Davies  
 Jenny Barenburg  
 Julia Budden  
 Kensington High school  
 Kim Morganrood  
 Kristin Poulter  
 Lesley Charnock  
 Linda Brand  
 Lourier Primary  
 Malia Parker  
 Marien Kinderhkrankenhaus Landshut  
 Mary-Ann Nuis  
 Nandipa Tatoba  
 Neville Williams  
 Overcome Educare  
 Philippi Arts Academy  
 Sanet Visser  
 Sentinel Primary  
 Smiling Heart e.V., St.  
 Sunrise Educare  
 Thandi Mgadla  
 The Jungle Theater,  
 The Learning Trust  
 The SOZO Foundation  
 Thornton RD Primary  
 True North  
 Vaughn Wertheim  
 Vrygrond Capricorn Children Center  
 Vrygrond Community Development  
 Trust

and many others



# OUR DETAILS

## Butterfly Art Project



### REGISTRATION INFORMATION

Non-Profit Organisation No: 12468 NPO

Public Benefit Organisation (PBO): 930046145

VAT REG 4580267344

The Butterfly Art Project is holding a Section 18a certificate since 2015.

B-BBEE status Level 4/ THE002-2016

WEBSITE: [www.butterflyartproject.org](http://www.butterflyartproject.org)

EMAIL: [info@butterflyartproject.org](mailto:info@butterflyartproject.org)

Office cellphone: +27 (0)72 1902149

Angela Katschke, Project Director, Cell: +27 (0)83 899 1883

### SOCIAL MEDIA

WEBSITE: [www.butterflyartproject.org](http://www.butterflyartproject.org)

YOUTUBE: Butterfly Art Project, South Africa

FACEBOOK: [facebook.com/ButterflyArtProject](https://facebook.com/ButterflyArtProject)

INSTAGRAM: @BUTTERFLYARTPROJECT





# SUPPORT US

## **BANKING DETAILS**

Butterfly Art Project

First National Bank FNB  
Plumstead Branch Code: 201109  
Account: 62446579635  
Swift code : Firnzajj

Signatories: Angela Katschke, Tobias Wrona, Bernard Dudley

## **GERMAN DONATIONS**

Smiling Heart e.V.  
Eschenschlag 10  
37154 Northeim

Stichwort: Butterfly Art Project  
Evangelischer Kreditgenossenschaft eG  
BLZ 52060410  
Konto Nr. 6808808  
BIC: GENODEF1EK1

## **BETTERPLACE.ORG**

<https://www.betterplace.org/en/organisations/butterflyartproject>

## **DIRECTIONS**

Butterfly Art Project  
at Capricorn Primary School

115 Vrygrond Avenue  
Vrygrond 7945  
Cape Town . South Africa

GPS Coordinates: -34.084804, 18.487904

### **Directions From Cape Town:**

N2 toward Muizenberg. Exit onto M5 toward Muizenberg. M5 turns into Prince George Drive. After you cross through the Military Road intersection, turn left onto Vrygrond Ave. Go straight through 2 stop signs. Capricorn Primary School will be on your right. Enter via the main school gate. Turn left into the open field parking. The BAP building is a two-story light blue building.

### **Directions From Muizenberg:**

M5/Prince George toward Steenberg. Pass Capricorn Park and PnP shopping centre. At the traffic light, take a right into Vrygrond Ave. Pass 2 stop signs. Capricorn Primary School will be on your right, a blue building. Enter via the main school gate. Turn left into the open field parking. The BAP building is a two-story light blue building.





All pictures are generously taken by Claudia Cullom and Andrew Gorman