#### LESSON PLAN TEMPLATE

**(TITLE)**

**Aims**

What’s the goal …

#### Participants

Suggested age, number of children, etc …

#### Materials

LIST ALL MATERIALS …

#### Time/Duration

Minutes …

………………………………..

#### Instructions

STEP BY STEP …

#### Reflection

This activity is a great way to ….

#### Evaluation

**SAMPLE LESSON PLAN**

**Lesson: Expression Pizza- Group Work Date: 4 March 2015**

**Aims**

* To develop fine motor skills
* To develop potential artist
* To explore and create
* To introduce therapeutic healing

#### Participants

Ages from 5-6

between 10-12 children

#### Materials

* One big cut-out circle (white paper)
* One small cut- out circle( a bit smaller than the bigger piece),white paper
* Scissors
* Oil pastels(crayons)
* Cloths

#### Time/Duration

30-45 minutes

#### Instructions

On the big circle find the center/middle and divide into triangle pieces (make sure you count how many is in the group). Give each child a piece of the pizza that is divided and ask them to draw anything on the pieces. Allow them to experience of oil pastels on paper. When the children are done they are allowed to express their emotions on how they felt when drawing.

#### Reflection

* On behavior
* Fine motor skills
* Artistic skills
* Creative mind
* Focus and relax